

ANN LANDERS



Tense Tessie Troubled

Dear Ann Landers: What is this world coming to? It seems like the only place a person is safe anymore is in his grave. Last fall an airliner crashed into a row of houses and a dozen people were killed in their living rooms or asleep in their beds.

Several weeks ago a mother in Miami was walking in a park with two little children—one a baby in a carriage. A drunk driver missed the corner turn and drove up on the sidewalk and killed the mother and the baby.

Yesterday a neighbor told me her cousin's children were playing in their own backyard when a pack of wild dogs jumped the hedge and almost tore the children apart.

Every day we read of senseless killings on the streets of the big cities—in broad daylight, and often with onlookers who did nothing to help the victim.

I am a teenager who is wondering if people are safe anywhere. Please give me some encouragement. I am—OLD BEFORE MY TIME

Dear Old: Life today is somewhat more hazardous because (1) there are more people and they are living closer together. (2) There are more ways for people to get killed due to technological "progress." (3) More nuts have guns than ever before which means more people are going to be shot.

Yet in spite of all this, the insurance actuaries show that every male born in 1967 can expect to reach 68 years of age. Every female can expect to live at least three years longer. Medical science is largely responsible for lengthening the life span.

So stop worrying. Your chances today are actually better than ever. Besides, worry can shorten your life.

Dear Ann Landers: A friend of mine asked me to drive down to the courthouse with her so she could "straighten around" her driver's license. It seems that when Polly renewed her license her hair was dark brown. She is now an ash blonde.

Polly took her license out of her purse and I noticed she had given her age as 48. I happen to know she is 53. When I called this "error" to her attention she replied, "I don't think it's anybody's business how old I am."

It occurred to me that Polly might get into trouble if it were discovered she gave a false age. What about this?—GLENVIEW, ILLINOIS

Dear Glen: State laws vary, but in Illinois, if a person knowingly makes a false statement when applying for a license he may suddenly find his license revoked.

More and more (thank heaven) state laws are being passed which require that everyone over 68 years of age take an examination in order to get his driver's license renewed. This makes it imperative that people be truthful about their age.

Confidential to Tired Of Love. What you are tired of isn't love. He sounds like a dingbat and you sound a little cuckoo yourself.

How far should a teen-age couple go? Can necking be safe? When does it become too hot to handle? Send for Ann Landers' booklet, "Necking And Peeking—What Are The Limits?" Mail your request to Ann Landers in care of your newspaper enclosing 50 cents in coin and a long, stamped, self-addressed envelope.

Ann Landers will be glad to help you with your problems. Send them to her in care of the Press-Herald, enclosing a stamped self-addressed envelope.

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Swimmers Given Safety Pointers

Millions of Southland-ers will enjoy summer-long recreation on county beaches as they swim, scuba dive, surf and frolic on the sands.

Others... the careless... face a summer when the sands of time may run out for them.

To protect swimmers from injury or possible death, the following safety precautions prepared by the Los Angeles County Department of Parks and Recreation are recommended by Supervisor Kenneth Hahn.

SWIMMERS are cautioned against overestimating their ability since it is likely that most of them are not in the same physical condition that they were in at the end of last summer. People are advised by county lifeguards to utilize pool facilities as much as possible before coming to the beach to get back in good swimming condition.

The County of Los Angeles Department of Parks and Recreation makes other suggestions to beach-goers:

Learn to swim well enough to feel at home in the

water before visiting the beach. The ocean is no place to learn how to swim.

Always swim at life-guard-protected beaches and try to remain in front of lifeguard towers.

Check with lifeguards for the safest places to swim. Water conditions change from day to day, and even from minute to minute.

LEARN how to recognize rip tides, how to get out of them, and the places where they exist. People who don't know how to get out of rip tides present a major problem to lifeguards who urge such swimmers not to panic. When caught by a rip tide, swim parallel to the beach until you are out of the tide's pull, then swim towards the sand at a 45-degree angle, taking advantage of breakers which can push you back to shore.

Leave inflatable equipment such as inner tubes and plastic toys at home. County lifeguards warn of the danger of poor or non-swimmers falling off of "floats."



REWARDED... Years of service and leadership with the Torrance public schools were recognized at a recent meeting of the Torrance Board of Education when retiring employees received certificates of appreciation from Mrs. Kenneth Watts (left), vice president of the board. Shown with Mrs. Watts are (from left) Mrs. Frances Hood, sixth grade teacher at Anza School; Mrs. Violet Caldwell, school nurse; Mrs. Janet Bolinger, teacher of the partially sighted; Cecil Lown, custodian; and Mrs. Ruth McVicker, sixth grade teacher at Torrance Elementary school.

Anglers: Learn to Swim; Know First Aid Principles

With fishing season underway again, the Red Cross warns all 35 million fishing enthusiasts about the need to observe precautionary safety measures.

"Fishing activity lends itself to a wide variety of possible accidents," said Ruth Morgan, Red Cross Safety Services chairman. "There are literally hundreds of ways fishermen can meet with injury or accidental death. Our objective is to reduce this number as much as possible by safety training and advice," she said.

RED CROSS lists the following safety tips for followers of the piscatorial pastime:

- All fishermen should know how to swim, know basic first aid, and have a first aid kit with them.
- Listen to weather forecasts.
- Since fish hooks sometimes "catch" anglers, as well as fish, carry needlenose pliers, wire cutters, and pocket knife in your tackle box.
- In casting, make sure you have room to do so without hooking someone else.
- When going on a fishing trip alone, be sure to leave word where you will be, and when you plan to return.
- WHEN FISHING in water where there are swimmers,

IF YOU SNAG yourself deeply with a hook, cut off the line, bandage the wound, and head for the nearest doctor or hospital.

- In snake-infested country, watch where you step, what you touch, and where you sit.
- When fishing in channels or rivers, never tie your boat to channel buoys.
- Never stand up in a boat or canoe when fishing, and be sure to have a life preserver on board for every passenger.

West High Students Elect '68-69 Leaders

The Associated Student Body of West Torrance High School has elected Paul Johnson to serve as its president for the 1968-69 academic year.

Other students elected to fill student body offices are Jim Stroffe, vice president; Stuart Deikel, secretary of honors; Bill Findlay, secretary of finance; Marilyn Harte, secretary of records; Cheryl Nakaj, secretary of publicity; Kathy Long, secretary of club coordination; Dirk Davidson, secretary of athletics; Autumn Landers, secretary of morale; and Laurie Hamlin, secretary of correspondence.

North Senior Judged Best Of Essayists

Richard Epstein of Torrance has been announced as the winner of the \$300 Martin Luther King Jr. Memorial Award in the American Civil Liberties Union of Southern California's Bill of Rights Essay Contest.

Epstein's prize-winning essay dealt with civil rights in times of civil disorders and was judged the best of more than 400 entries from 50 public and parochial high schools. Marvin Kettering, also of North High School, won an honorable mention for his essay. The winners will be honored at a special awards festival today at Temple Isaiah in Los Angeles.

Rescue Service Assigned to Local Firemen

A change in the rescue service for Hermosa Beach and Redondo Beach will be into effect July 1, according to LA County Supervisor Burton W. Chace.

Presently handled by the county lifeguards, the rescue services will be performed by specially-trained firemen.

Residents are advised to call these numbers in case of emergency. Redondo Beach: 379-5416 or 379-5411. Hermosa Beach: 372-2188.



STUDENT RETURNS... Linda Cobb, who is being graduated from North High School tonight, returned to Evelyn Carr Elementary School this week to try out her former seat. Miss Cobb is shown here with Mrs. Herb DeYoung, immediate past president of the school's Parent-Teacher Association, and with Principal William Lettunich after being notified that she had been selected to receive the school's \$100 scholarship award.

When Fountain of Youth Runs Dry, Don't Despair

Age is nothing to be ashamed of, but neglecting your age is shameful. Any woman in this country who reaches the age of "comfort" and thinks, "Well, I made it, now I can relax and fall apart," should spend her old age on some rock pile cracking up with the rest of the rocks.

Here are some sure ways to be your age without acting it. First do something about your

(if you haven't the courage to change it altogether), over 50 go lighter, never darker."

If you are over 50, and you darken your hair in an effort to recapture the original shade, the reaction you will always get is, "Who does she think she's kidding, trying to hide her age?" Darker hair shades tend to age you, so beware.

COUNT MARCO

hair. Any woman over 50 who thinks she looks attractive in hair that is shoulder-length or longer has already reached senility. Cut your hair. I repeat, "cut your hair!" The simpler the style, the easier for you and the younger you look.

Use color. Trees do, why can't you? If your hair is already white, use a high-light color rinse to make it simple today, you can do it at home, and it takes but a few minutes. Should your hair be one of those unfortunate "salt-and-pepper" designs, quit messing around with it, do something.

And there's a rule of color that I have made, because only I am capable of making it. "Under 50 try to recapture your own color

Figure care: Don't try to hang on to the figure you had in your 20s or 30s. Being too thin makes you look withered.

What to wear. Color! Lots of it. I have always detested prints, but don't overlook the new psychedelic prints that are great splashes of color rather than those former silly doodle type things on dark fabrics. Wear fun costume jewelry.

Throw out your pots of paints and face varnish. Concentrate instead on moisturizing creams, neck and eye lotions. Don't forget the elbows and feet. There are three paints you should hang on to: eyebrow pencil, mascara and lip rouge. Use the three sparingly and be positive that the outer end of your brows go up, never down, when penciling.

Scholar Honors Won By Torrance Seniors

Governor's scholars' certificates were presented to 28 Torrance high school seniors during graduation ceremonies this week.

Recipients of the state's highest academic honor were given special recognition for their outstanding scholastic achievement while in high school. To qualify as a governor's scholar a student must have attained either a straight "A" average throughout his high school career or no more than one "B" per year.

Press-Herald Sunday Crossword

ANSWER ON PAGE 4

1-Defame	91-Woody plant	DOWN	80-Rectify
7-Sorrel	92-Canal	1-Usher	82-Eastern States abbr.
10-Dance step	94-Baba	1-Article	85-Spread
13-Clear	96-Printer's measure	3-Circuit	87-Before
19-Sea Mammal	97-Land measure	8-Ley	88-Regions
20-Boasting	101-Napery	6-Reticulated	93-Adorn
23-Conserved	103-Accord	11-Wind instrument	94-Barren
24-Passing word	105-Part to nephew	8-Heart-shaped	95-Turner
25-Stone	109-Mound	9-Exit	96-Compass point
26-Alternative	110-Annex	11-Of the Pope	97-Toward
27-Church part	111-Tin plates	12-Camfort	100-Hinder
28-Low tide	113-Revise	12-Let it stand	101-Liters
29-Scale note	114-English letter	13-Finch	102-Small fish
30-High military award	116-Mexican	15-Average	103-Executive abbr.
32-Beveled	118-Lose	16-Baby food	104-Decade
33-Tense	119-Mend	17-Pregnant	105-Jumbled type
35-Feminine name	123-Fuel	18-Fault	107-Idle
36-Rent	124-Anteroom	19-Plaques	108-Durocher
37-Nautical term	125-Hateful	20-Cudgel	112-Edged tool
38-Francis	129-Cowboy	23-Sentility	117-Swiss river
40-Exclamation	131-Transgress	31-Musical ending	121-Kernel
42-Scale note	132-Billows	33-Countersunk	122-Eternity
43-Honey	137-Lodging	36-Draw	124-Evergreen tree
44-Emanation	138-Corn bread	38-Witherto	125-Track
45-Burdens	139-Dinner course	41-That man	126-Speaker
47-Fish	142-Singer Mel	43-Particles	127-Beetles
50-Bravery	143-Stake	44-Poise	128-Jot
51-Science	144-Aviv	46-Fiber knot	129-Of the ocean
53-Scheduled	145-Behold!	48-Extended	130-Extinguished
55-French friend	146-Sloth	49-Branches	131-Man's name
56-Lakeist native	148-Sixty-one: Rom.	51-Liquor	134-Gay lively person
58-Erase	150-Palm thatch	52-Japanese coin	135-Monarch
59-Communion plate	151-Pagoda	53-Slander	136-Tar
61-French friend	152-Young eagle	54-Beginning	138-Group of five
62-Breed of sheep	153-Satiata	56-Swell	140-Continent, abbr.
64-Ancient Irish capital	155-Young chickens	60-Turk	141-English city
65-Pumice	156-Muffin	61-Crafts	142-Instant
68-Allurement	159-Part of Bible: abbr.	63-Tatter	143-Only fruit
71-Suit	160-Discharge	64-Ritch	148-Sultan's decree
72-Tableland	161-Premium	65-Disturbed	149-Turkish title
73-Food	162-Chinese measure	66-... Hayworth	153-Beyond: pref.
74-Vessel	163-Bark cloth	68-Neck scarf	154-Gehrig
75-French summer	165-Sun god	70-Greek letter	156-Ceremon
81-Mangled	166-Copy	72-English letter	157-Gyrate
83-Accounts	168-Small brook	74-Student's meeting room	160-High note
85-Disable	172-Point	75-Parage	161-Siamese coin
88-Palm lily	174-Dutch commune	77-Plural ending	167-Italian river
89-Itself	175-Tenant	78-Brail	169-French article
90-Short-napped			171-That is: Lat.